

## **VCC Catering Menu**

Vancouver Community College Food Services welcomes the opportunity to serve you at either our Downtown or Broadway campus. For more information please contact our catering manager by email at catering@vcc.ca.

All menu items are proudly produced in-house by VCC students in the culinary, baking and pastry arts programs and/or food services staff. Selection may vary depending on curriculum. Prices may vary between campuses.

VCC internal catering will be subject to "Chef Selection" within the menu categories. This is to ensure VCC culinary/baking students are exposed to all items for their course's ideal outcomes. Thank you for your understanding.

## **LUNCH OR DINNER BUFFET EVENT**

OPTION A \$35/PERSON

#### **APPETIZERS**

1 soup and 2 salads

#### MAIN

Choice of 3 mains; up to 1 meat and 1 fish, and/or vegan and pasta options

#### **SIDES**

Choice of 2 vegetables and 2 starches

#### **DESSERTS**

A selection of pastries and cookies. Gluten-free and vegan options are available.

OPTION B \$40/PERSON

#### **APPETIZERS**

4 salads (or soups)

#### **MAIN**

Choice of 4 mains; up to 2 meat and 1 fish, and/or vegan and pasta options

#### **SIDES**

Choice of 3 vegetables and 3 starches

#### **DESSERTS**

An assortment of wonderful little pastries. Gluten-free and vegan options are available.

**NOTE:** All menu offerings can be tailored specifically to your needs, such as including a meat selection platter or any individual items.

## **YOUR CHOICES**

#### SOUPS

Butternut squash soup Tomato and basil soup Coconut Thai curry chicken soup Nova Scotia clam chowder

## Our vegan and/or gluten-free options:

Mulligatawny (curried) Minestrone soup

## **SALADS**

Mixed green salad Caesar salad Greek salad Hawaiian style coleslaw Tomato bocconcini salad Asian green beans

## Our vegan and/or gluten-free options:

Chickpea, mango, avocado, and hemp hearts salad Grilled vegetables and black bean salad Beet salad with grapefruit, smoked tofu, and kale gremolata

#### **MAINS**

Salmon niçoise, tomato, capers, garlic, fresh herbs Chicken Thai green curry Roast leg of lamb, rosemary jus Lasagna meat and/or vegetable option Grilled flatiron steak with chimichurri sauce Beef bourguignon – braised beef in red wine

#### Our vegan and/or gluten-free options:

Bebere tofu with Moroccan couscous Marinated portobello mushroom, cannellini bean mush, and roasted vegetables Eggplant roulade, coconut curried lentil, and sun dried tomato

## **YOUR CHOICES**

#### **VEGETABLES**

Baked tomato provençale Honey glazed rainbow carrots Broccoli or cauliflower with cheese sauce Sautéed green bean almondine Roasted root vegetables

## Our vegan and/or gluten-free options:

Turmeric-spaced roasted cauliflower, herb tahini sauce Garlic glaze bok choy

#### **STARCH**

Tuscan pan fried polenta, tomato chutney Scallop potatoes Herb spätzle Roast potatoes

## Our vegan and/or gluten-free options:

Bombay basmati rice Zucchini, carrot, and chickpea fritters Sweet potato casserole with chickpea and spinach coconut curry

## **DESSERTS**

# An assortment of wonderful little pastries with vegan and/or gluten-free options:

Tutti fruity tartlets
Chocolate raspberry tart
Lemon meringue tartlets
Pecan pie
Petite éclair
Coconut pineapple cake
Summer berry square
Petit fours

## **HOT BUFFET BREAKFAST**

Available Monday - Thursday, 8:00 - 10:30 a.m.

MINII	MUM 12 PEOPLE, PRICED PER PERSON
EGGS, BACON/SAUSAGE, AND POTATOES Add fruit	\$12 \$4
OMELETTE STATION Available on request	\$21
OTHER OPTIONS	
PLATTERS MINIT	MUM 12 PEOPLE, PRICED PER PERSON
<b>DELUXE CHARCUTERIE BOARD/PLATTER</b> A selection of cured meats, terrines, domestic, and internationa accompanied by seasonal vegetables, fruits, dips, artisan breads	
HAVE IT ALL WITH SLICED MEATS A mixture of artisan and house made fresh and cured sausages, pâté, salami, and condiments.	\$10
CHEESE TRAY A selection of some classic favourite domestic and internation served with artisan breads, crackers, chutneys and preserves,	
CRUDITES AND DIPS A beautifully cut and artfully displayed melange of raw and steamed vegetables with VCC dips.	\$7
FRESH FRUIT PLATTER  This platter includes freshly cut cantaloupe, watermelon, hone pineapple, and is garnished with whole strawberries, sliced kiw	
<b>DESSERT PLATTER</b> An assortment of wonderful little pastries and cookies from outeam with gluten free and vegan options.	\$7 ur catering pastry
À LA CARTE	
SANDWICH PLATTER An assortment of sandwiches on house-made breads. May incham, turkey, roast beef. Vegetarian option available on request	
MARKET FRESH GREEN SALAD WITH FRESH-MADE DRESS	ING \$4
CHEF'S CREATION SEASONAL HOMEMADE SOUP	\$4

\$4

## **COCKTAIL RECEPTION EVENT - HORS D'OEUVRES**

Start your event with our chef selection of passed hor d'oeuvres. Our house-made canapés are sold by the dozen with a minimum order of two dozen per selection. Additional quantities per selection will be increased in increments of one dozen. Canapés may be passed or stationary, depending on selection. Passed canapés are a perfect addition to start off your buffet dinner and a delightful first course.

## **COLD CANAPÉS**

\$36 PER DOZEN, MINIMUM 2 DOZEN

House smoked salmon canape Curried prawns and green apple canape Melon and prosciutto canapes A selection of cheeses, and fruit and nut canapes

## Our vegan and/or gluten-free options:

Tomato and basil crostini Baba ghanoush, middle eastern eggplant dip on foccacia Sun-dried tomato and cannellini

## **HOT CANAPÉS**

\$42 PER DOZEN, MINIMUM 2 DOZEN

Minted feta, rosemary, and pine nuts spanakopita Broiled beef with chimichurri verde Braised duck leg confit mini-strudel Coconut crusted prawns with pineapple salsa Mini quiche and variations Scallops wrapped in bacon with cocktail salsa Sweet and sour glazed beef lollipops

#### Our vegan and/or gluten-free option:

Vegan teriyaki tofu and vegetable

#### **SWEET TEMPTATIONS SELECTION**

\$36 PER DOZEN, MINIMUM 2 DOZEN

With vegan and/or gluten-free options, also can be a mixed selection:

Chocolate raspberry tartlets
Lemon meringue tartlets
Fresh fruit tartlets
Coconut pineapple cake
Summer berry squares
Gluten-free bittersweet chocolate bites
Vegan cheesecake

## **BAKERY**

## **CAKES FOR ANY OCCASION**

Available 8". Availability of cakes is dependent on curriculum.

CHOCOLATE OR WHITE BUTTER CREAM CAKE	\$15
CHEESECAKE	\$20
MOUSSE CAKES  Dark chocolate, strawberry, mango, raspberry.	\$20
BLACK FOREST CAKE	\$15

Specialty decorating for logos, chocolate roses or marzipan inscriptions are available at an additional charge. Please inquire when placing your order. Other cakes such as tiramisu or angel food cake may be available depending on student production.

#### **PASTRIES**

#### **ASSORTED PASTRIES**

An assortment of house-made pastries available for morning or afternoon. \$3/PERSON Selections based on the current curriculum

## **BEVERAGES**

HOT COFFEE AND TEA  Minimum of 10 people.  Coffee, regular or decaffinated, black, green, and herbal teas.	\$3/PERSON
CHILLED FRUIT JUICES Choose from orange, apple, tomato, grapefruit, cranberry, or mixed fruit.	\$3/BOTTLE
SOFT DRINKS	\$2.25/CAN
PUNCH Serves roughly 40.	\$55/BOWL
SPARKLING FRUIT JUICE All-natural, sparkling Italian fruit juices.	\$3.5/PERSON

#### WATER

We proudly serve Vancouver's finest tap water. Free with all orders over \$15.

## **ALCOHOL SERVICE**

VCC offers two licensed dining areas at our Downtown campus. We can offer alcohol service in any room of your choice provided a special event license has been applied and approved through BCLDB event portal. Bartending staff is provided at \$38.50 per hour for a 4-hour minimum.

## **SERVICE STAFF**

We are pleased to offer tray service for your event. Service staff is available at \$38.50 per hour for a 4-hour minimum.

To accommodate buffets exceeding 50 people, an additional 4-hour labor charge of \$42 per hour is applied to cover the service staff, specifically the Instructor Assistant (IA). This labour charge increases with the increase in guest numbers. The IA assists students with food preparations, room setup, buffet service, cleanup, and breakdown.