



vcc.ca

Course Name:

Variations in Health 2

Effective Date:

September 2019

School/Centre:

Health Sciences

Department:

Practical Nursing(5004)

Banner Course Name:

Variations in Health 2

Subject Code:

NURS - Nursing

Course Number

2004

Year of Study

1st Year Post-secondary

Credits:

1.5

Course Description:

This course focuses on pathophysiology as it relates to the aging process and selected chronic illnesses. The main focus of this course is on the care of the older adult experiencing a health challenge. Cultural diversity in healing practices will be explored as well as evidence informed research and practice.

Course Pre-Requisites (if applicable):

NURS 1007 - Consolidated Practice Experience 1

Course Co-requisites (if applicable):

NURS 2001 - Professional Communication 2; NURS 2002 - Professional Practice 2; NURS 2003 - Health Promotion 2; NURS 2005 - Pharmacology 2; NURS 2006 - Integrated Nursing Practice 2

PLAR (Prior Learning Assessment & Recognition)

No

Course Learning Outcomes (CLO):

Upon successful completion of this course, students will be able to:

- CLO #1 Explain the pathophysiology of common chronic illness related to the aging process.
- CLO #2 Describe the nursing management of illness associated with aging.
- CLO #3 Identify altered presentations of illnesses in the older adult clients.
- CLO #4 Identify common mental health challenges or mental illness experienced by older adults (e.g., differences between normal aging and symptoms of a mental illness in older adults).
- CLO #5 Give examples of diversity in traditional healing practices in management of chronic illness.
- CLO #6 Describe how evidence informed practice impacts nursing care of older adults.
- CLO #7 Identify holistic healing practice associated with chronic illness.
- CLO #8 Explain the influence of culture and cultural competency in health and healing.

Instructional Strategies:

Course guides provide direction of learning in preparation, in course activities and reflection of the content. The instructor acts as facilitator and expert to promote an environment conducive for learning through activities such as guided discussion, debate, audio-visual presentation, group activities, online activities, skill building exercises.

Evaluation and Grading

Grading System:

Letter Grade (A-F)

Passing grade:

B-

Evaluation Plan:

| Type | Percentage | Brief description of assessment activity |
|-------------|------------|--|
| Assignments | 15 | Case studies on illness |
| Exam | 25 | |
| Exam | 25 | |
| Final Exam | 35 | Comprehensive Final Exam |

Hours by Learning Environment Type

Lecture, Seminar, Online

45

Lab, Clinical, Shop, Kitchen, Studio, Simulation

Practicum

Self Paced / Individual Learning

Course Topics

Course Topics:

Physiological changes in elderly contributing to disease and illness
Recognition and presentation of common disease and illness in the older adult
Nursing management of disease and illness for the older adult according to body systems: Integumentary, Cardiovascular, Respiratory, Musculoskeletal, Endocrine, Gastrointestinal, Genitourinary, Neurological, Sensory, Haematology
Nursing management, including assessment (holistic assessment, data collection including lab values and diagnostics); pharmacology; identification of real/potential problems; nursing diagnoses; planning of specific nursing interventions; implementing culturally competent care; evaluation of care; collaborating with other members of the health care team; health promotion; client teaching.
Therapeutic interventions and treatments
Traditional healing practices (eg. acupuncture, smudging, sweat lodge, reiki)
Introduction to diagnostics
Cultural diversity in health and healing, including end of life
Evidence informed research and practice

Program and course contents and descriptions, offerings and schedules are subject to change without notice.

Resource Material(s):

Resources are items in addition to tuition that the student is responsible for purchasing. Course resource information will be supplied by the department/instructor.

VCC Education and Education Support Policies

There are a number of **Education** and **Education Support** policies that govern your educational experience at VCC, please familiarize yourself with them.

The policies are located on the VCC web site at <https://www.vcc.ca/about/governance--policies/policies>.

To find out how this course transfers, visit the BC Transfer Guide at <https://www.bctransferguide.ca>.

Broadway campus

1155 East Broadway, Vancouver, B.C., Canada V5T 4V5 ■ Tel 604.871.7000

Downtown campus

250 West Pender Street, Vancouver, B.C., Canada V6B 1S9 ■ Tel 604.443.8300